



A Wider View

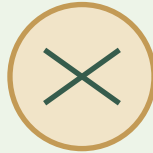
Six visual doorways into a fairer, fuller perspective

Choose the symbol that draws you in. You do not need to argue with your mind; just make room for another angle.



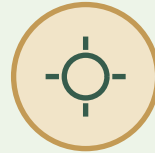
CHECK THE FACTS

What supports this thought and what does not?



ZOOM OUT

What becomes visible in the bigger picture?



FIND POSSIBILITY

What else could also be true?



SPEAK KINDLY

What would I say to someone I love?



ADD TIME

How might this look later?



LOOK BEYOND

What remains steady outside this problem?

The thought that is narrowing my view

The doorway I chose and what I noticed

A more balanced thought and one action that fits it
